Historic Plymouth Area: 2011 Emergency Public Information Calendar



Read and keep this IMPORTANT Calendar

An Emergency Plan For Your Protection - For Neighbors of Entergy's Pilgrim Nuclear Power Station

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Tear-out card Family Emergency Planning Guide

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Cover Photo: This undated glass plate negative shows a close up of what may be the Old Colony Railroad's passenger station at Kingston. A conductor stands just outside.

Photo: Courtesy of Kingston Public Library's Local History Room

For Help During A Pilgrim Emergency

Remember, in a public emergency, do not use your telephone except to request help if you need it. For information, listen to your local Emergency Alert System radio station. It is important to leave telephone lines open to allow emergency workers to assist people who need immediate help.

For help **<u>during</u>** Pilgrim emergency:

Plymouth	911
TTY	911
Kingston	(781) 585-7649
TTY	911
Duxbury	(781) 934-7120
TTY	911
Carver	(508) 866-5329
TTY	911
Marshfield	(781) 837-7119
TTY	911

Massachusetts Emergency Management Agency Region II Emergency Operations Center (508) 427-0400

Massachusetts Public Information 211

For emergency planning information in advance, contact:

Plymouth	(508) 830-4076
TTY	(508) 747-0699
Kingston	(781) 585-3135
TTY	(781) 585-1337
Duxbury	(781) 934-7159
TTY	(781) 934-2387
Carver	(508) 866-5219
TTY	(508) 866-4079
Marshfield	(781) 837-7100
TTY	(781) 837-0666

FAMILY EMERGENCY PLANNING GUIDE FOR PILGRIM NUCLEAR POWER STATION

Keep a copy of your family emergency plan information in your car, briefcase or purse. Photocopy as needed for additional family members.

Fill in the blanks now and discuss this information with your family. Decide who would pick up your children and where to meet if you were apart in an emergency. Be sure your children know what to do if they are alone and the sirens sound. Talk to your neighbors so you can help each other.

Subarea where I live (see page 7):
My Emergency Alert system (EAS) Radio Stations (see page 3):
My Reception Center is located at (see page 8):
My children's host facility is located at (see page 4):
Closest Emergency Bus Route is (see page 11):
My family's check-in phone number is: My family's meeting place is:
My local Emergency Management Office emergency number is (see inside front cover):
My Potassium Iodide (KI) location:
Prescription List Location:
Important Papers:
Pet Emergency Kit is at (see page 19):
Pet friendly hotels/facilities:
NOTES :

FAMILY EMERGENCY PLANNING GUIDE FOR PILGRIM NUCLEAR POWER STATION

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TEAR ALONG THE LINE

Fill in the blanks now and discuss this information with your family. Decide who would pick up your children and where to meet if you were apart in an emergency. Be sure your children know what to do if they are alone and the sirens sound. Talk to your neighbors so you can help each other.

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Pet friendly hotels/facilities:
NOTES :

HOW YOU WILL KNOW THERE'S AN EMERGENCY

- The loud, steady tone of the outdoor emergency sirens, lasting 3 to 5 minutes
- · A voice message over beach loudspeakers
- Broadcasts from loudspeakers on police and other official vehicles
- Announcements from town harbormasters or an Urgent Marine Information Broadcast from the Coast Guard
- Tone-alert Emergency Alert System radios
- A message on Teletypewriters (TTYs) if you have registered with a town Emergency Management Office to be notified over TTY in case of an emergency
- · Word of mouth

If you hear any of these signals, turn to one of the Emergency Alert System radio stations immediately.

Tune to your local Emergency Alert System (EAS) radio station for emergency instructions. Instructions may be relayed day or night and will include recommendations on what to do for your protection. Follow instructions carefully. Information will be provided regularly.

Local EAS Stations
Boston 1030 AM
Boston 98.5 FM
Marshfield 95.9 FM
Plymouth 99.1 FM
Plymouth 1390 AM

For help during a Pilgrim emergency:					
Plymouth	911	TTY	911		
Kingston	781-585-7649	TTY	911		
Duxbury	781-934-7120	TTY	911		
Carver	508-866-5329	TTY	911		
Marshfield	781-837-7119	TTY	911		

HOW YOU WILL KNOW THERE'S AN EMERGENCY

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Carver	508-866-5329	TTY	911				
Marshfield	781-837-7119	TTY	911				





The Cushman Brothers Rocky Nook Supply Store Stood at 83 Main Street in Kingston. In this undated photo-postcard, the horse-drawn wagon stands ready to deliver "Groceries and Provisions" that were promised on the billboards to customers around town.

Photo: Courtesy of Kingston Public Library's Local History Room

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Emergency Alert System (EAS) Radio Stations

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13 14 15 16 17 18 19
20 21 22 23 24 25 26
27 28

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

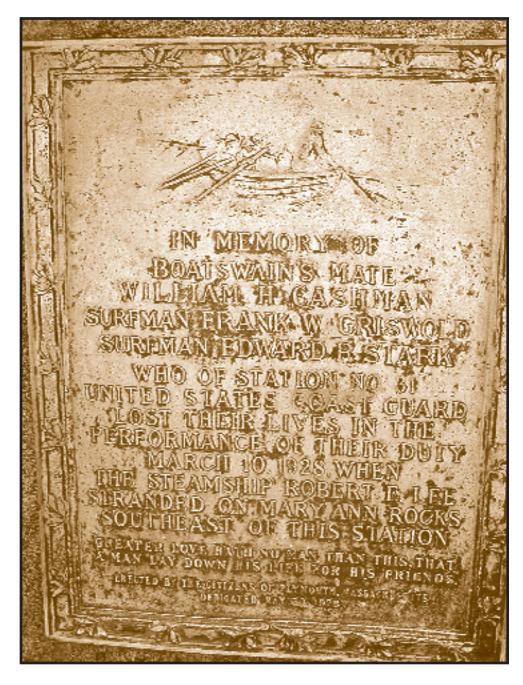
THURSDAY

FRIDAY

Have you reviewed this year's emergency planning information calendar? (pages 1-19)

New Year's Day

2	3	4	5	6	7	8
		New Moon				
9	10	11	12	13	14	15
			♠ First Quarter			
16	17	18	19	20	21	22
	Martin Luther King's Jr. Birthday	Did you fill out and return your special needs card?	◯ Full Moon Wolf Moon			
23/30	24/31	25	26	27	28	29
			■ Last Quarter			



USLSS Station Manomet Point, Massachusetts USLSS Station #5, Second District Coast Guard Station # 31. Robert E. Lee Rescue Memorial (Manomet (Plymouth), MA).

Photo: Courtesy of Old Colony Memorial

FEBRUARY :

Emergency Alert System (EAS) Radio Stations

1030 AM 98.5 FM 95.9 FM 99.1 FM 1390 AM S M T W T F S

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16 17 18 19 20 21 22
23_{/30}24_{/31} 25 26 27 28 29

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
	_		Ground Hog Day	New Moon		
6	7	8	9	10	11	12
					First Quarter	
13	14	15	16	17	18	19
	Valentine's Day				Full Moon Snow Moon	
20	21	22	23	24	25	26
	Washington's Birthday President's Day			⚠ Last Quarter		

27 || 2

Do you have a family check-in plan in case of emergency? (tear out card)



Roger Williams appears in front of his gas station known as "the Stand" in 1938. He leased it from Charles Carlson, who owned the property and lived in the house to left of the station. Roger and his wife, Eunice, also drove school buses for the town for many years. The house is torn down, but the station is still in business after changing owners numerous times.

Photo: Courtesy of Courtesy of Henry S. Williams

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Emergency Alert System (EAS) Radio Stations

1030 AM 98.5 FM 95.9 FM 99.1 FM 1390 AM

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10 11 12 13 14 15 16
17 18 19 20 21 22 23
24 25 26 27 28 29 30

	M I C			1000 AIM	27 28	24 25 26 27 28 29 30
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
					New Moon	
6	7	8	9	10	11	12
			Ash Wednesday			♠ First Quarter
13	14	15	16	17	18	19
				Faculties Base		
Daylight Saving Time Starts				Evacuation Day (Mass. Only) St. Patrick's Day		Full Moon Worm Moon
20	21	22	23	24	25	26
First day of Spring						Last Quarter
27	28	29	30	31		
_ ·			• • •			

Does your family have a meeting place in case of an emergency? (tear out card)



Richard's Meatland on Court Street, Plymouth, in front of Benny's Plaza c. 1975, is now the site of G&S Graphics. Photo: Courtesy of Wesley Ennis



Emergency Alert System (EAS) Radio Stations

1030 AM 98.5 FM 95.9 FM 99.1 FM 1390 AM

MARCH S M T W T F S 20 21 22 23 24 25 26 27 28 29 30 31

MAY SMTWTFS 22 23 24 25 26 27 28 29 30 31

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

My important papers are located at _____? (tear out card)

New Moon

11

18

13

14

16

(Mass. Only)

Full Moon Pink Moon

19

21

22

23

Palm Sunday

Patriots Day

First Quarter

Passover Starts

29

30

Easter

Last Quarter

26

28

Arbor Day

Earth Day

Good Friday



A girl Scout troop stands at varying degrees of attention on Kingston's Training Green for Memorial Day ceremonies sometime around 1943. Also participating were Kingston veterans, assorted dignitaries, active servicemen and patriotic residents. The Civil War Soldiers Monument has been a focus of Memorial Day and Veteran's Day exercises since its dedication in 1883.

Photo: Courtesy of Kingston Public Library's Local History Room



Memorial Day

Emergency Alert System (EAS) Radio Stations

1030 AM 98.5 FM 95.9 FM 99.1 FM 1390 AM S M T W T F S

1 2

3 4 5 6 7 8 9

10 11 12 13 14 15 16

17 18 19 20 21 22 23

24 25 26 27 28 29 30

S M T W T F S

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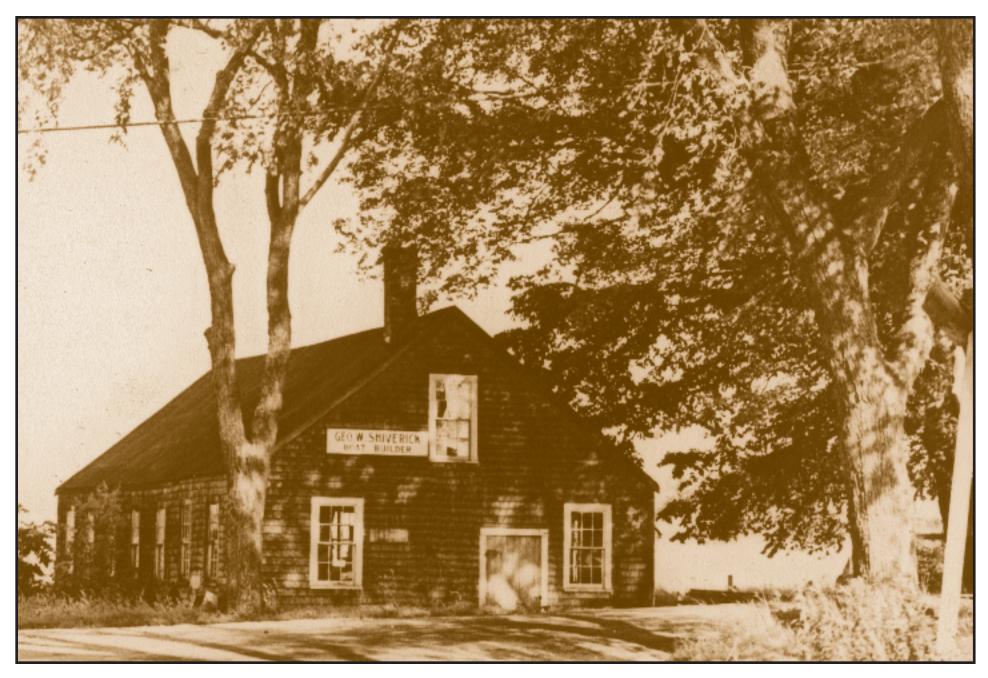
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19 20 21 22 23 24 25

26 27 28 29 30

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
		New Moon				
8	9	10	11	12	13	14
Mother's Day		First Quarter				
15	16	17	18	19	20	21
		Full Moon Flower Moon				Armed Forces Day
22	23	24	25	26	27	28
		◯ Last Quarter				
		0.4				

Do I need to prepare an emergency pet kit? (page 19)



From 1895 to 1940, George W. Shiverick (1870-1943) produced somewhere between 250 and 300 racing yachts, catboats, knockabouts and motor launches in his shop on Landing Road. Built on part of one of Kingston's earliest shipyards, the building still serves as a boat shop for the Jones River Landing Environmental Heritage Center.

Photo: Courtesy of Kingston Public Library's Local History Room



Emergency Alert System (EAS) Radio Stations

1030 AM 98.5 FM 95.9 FM 99.1 FM 1390 AM

MAY S M T W T F S 4 13 14 19 17 18 20 21 23 24 25 26 27 28 30

JULY SMTWTFS 14 15 16 19 20 21 22 23 24/3125 26 27 28 29 30

SUNDAY	MONDAY

TUESDAY

WEDNESDAY

THURSDAY

First Quarter

Last Quarter

FRIDAY

SATURDAY

What are the Emergency Alert System radio stations? *(page 3)*

New Moon

10

13

15

18

Bunker Hill Day

(Mass. Only)

20

Flag Day

First day of Summer

22

Full Moon

Strawberry Moon

23

16

24

25

Father's Day

29

30



The photograph was taken in 1904 before a game between the Carver team and a Sandwich team. The men who are named – Philander Southworth, Harry Washburn, William Nickerson, Lloyed Griffith, and Frank Hudson – were almost all foundry managers and workers. Three of the players were referred to as simply hired.

Photo: Courtesy of Charles Bezanson



Emergency Alert System (EAS) Radio Stations

Radio Stations 1030 AM 98.5 FM 95.9 FM 99.1 FM 1390 AM
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21 22 23 24 25 26 27

28 29 30 31

SUNDAY	MONDAY
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TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Where is my Reception Center? (page 8)

|1

2

New Moon

4

8

First Quarter

10

1

Independence Day

12

13

6

14

15

Cull Moon
Buck Moon

16

1

18

19

20

21

22

23

Last Quarter

24/31

25

26

27

28

29

| 30

)U

New Moon



The bowling alley in Plymouth on North Park Avenue in the 1970s is now the site of Ming Dynasty restaurant and boutiques. The car and Airstream's trailer belonged to the owner at the time.

Photo: Courtesy of Wesley Ennis



Emergency Alert System (EAS) Radio Stations 1030 AM

98.5 FM 95.9 FM 99.1 FM 1390 AM

JULY S M T W T F S 8 9 12 13 14 15 16 19 20 21 22 23 24/31 25 26 27 28 29 30

SEPTEMBER S M T W T F S 21 22 23 24 25 26 27 28 29 30

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1

6

First Quarter

10

Full Moon Sturgeon Moon

15

22

16

23

18

25

19

Last Quarter

24

26

28

New Moon

30

31

What Sub-Area do you live or work in? (*page 7*)



Two women pick cranberries. Toward the end of the 1800s, snap machines came into use and literally "snapped" the berries off the vine. The cranberry scoop replaced the snap machine c. 1900. The first Scoops used to hold two quarts, making the scoop fairly heavy but collecting a lot of berries. Pickers emptied their scoops into bushel boxes placed around the bog.

Photo: Courtesy of Caver Public Library

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Emergency Alert System (EAS) Radio Stations

1030 AM 98.5 FM 95.9 FM 99.1 FM 1390 AM

AUGUST S M T W 12 13 14 15 16 17 18 22 23 24 25 26 27 28 29 30 31

OCTOBER S M T W T F S 11 12 13 14 15 16 17 18 19 20 21 22 23/30²⁴/31 25 26 27 28 29

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Did you know that September is National Preparedness Month? Check out their website: www.ready.gov/ Ready Prepare. Plan. Stay Informedi

♠ First Quarter

Grandparents' Day

Harvest Moon

Labor Day

10

→ Full Moon

15

16

18

19

20

13

Last Quarter

22

23

24

First day of Fall

26

28

29

30

New Moon

Rosh Hashanah



Mildred (left) and Lena Vaughan (right) are shown on the North Carver Green on August 12, 1909. The Veterans of All Wars Memorial Park, more commonly known as the North Carver Green, was given to the town by Benoni and Jonathan Shaw c. 1737. Originally known as the militia.

Photo: Courtesy of Holly Peay



31st Halloween

Emergency Alert System (EAS) Radio Stations

1030 AM 98.5 FM 95.9 FM 99.1 FM 1390 AM

SEPTEMBER S M T W T F S 2 3 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30

NOVEMBER S M T W T F S 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30

MONDAY TUESDAY WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

What is my best evacuation route? (pages 8-10)

2	3	4	5	6	7	8
		● First Quarter				Yom Kippur
9	10	11	12	13	14	15
	Columbus Day (Observed)		Full Moon Hunter's Moon			
16	17	18	19	20	21	22
				● Last Quarter		
23/30	24/31	25	26	27	28	29

New Moon



The home of Horatio and Charlotte Goodrich Russell Ådams stands at 85 Summer Street in Kingston next to the F.C. Adams Library Building which Horatio helped to establish. The location of the house on Abram's Hill provides sweeping views across Kingston Bay which may explain the existence of the window through the chimney at the rear of the house.

Photo: Courtesy of Kingston Public Library's Local History Room

NOVEMBER:

Emergency Alert System (EAS) Radio Stations

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9 10 11 12 13 14 15

 DECEMBER

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RDAY

What should you do when the sirens sound? (page 2)



A.R. Parker Co. and Woods Seafood of Plymouth on the corner of Main Street Extension and Sandwich streets c. 1930s. The 'World War I Memorial Bridge is at the far right with the First Parish Church and the Church of the Pilgrimage at Town Square visible in the background on the right.

Photo: Courtesy of Wesley Ennis



Emergency Alert System (EAS) Radio Stations

1030 AM 98.5 FM 95.9 FM 99.1 FM 1390 AM

NOVEMBER S M T W T F S 22 23 24 25 26 27 28 29 30

JANUARY 2012 22 23 29 30 31

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Look forward to receiving your 2012 Emergency Public Information Calendar soon in the mail!

First Quarter

10

Full Moon Cold Moon

19

15

16

18

Last Quarter

20

13

21

Hanukkah First day of Winter 22

23

Christmas Eve

New Moon

Christmas Day

26

28

29

30

31

New Year's Eve

2011 Emergency Public Information

A Message to Neighbors of the Pilgrim Nuclear Power Station

The Commonwealth of Massachusetts has a policy on emergency planning:

First, each and every human life is of equal and inestimable value;

Second, during an emergency, the Commonwealth of Massachusetts will make every effort and exhaust every resource, public and private, to save lives, reduce injury and suffering, and protect people from exposure to harm;

Third, during an emergency, protective action judgments will be made on the basis of human need. There is no such thing as an acceptable level of death, injury or suffering.

Emergency Information

This important information is provided to you as a public service by the Massachusetts Emergency Management Agency, the Massachusetts Department of Public Health and the Pilgrim Nuclear Power Station.

It tells you what to do in the unlikely event of an emergency at the Pilgrim Nuclear Power Station. Some of this information would also be useful in other emergencies requiring public notification and possible public response, such as train derailments, chemical spills, floods, hurricanes and tornadoes.

You should read the information in this calendar carefully, well in advance of any potential emergency. Discuss it with your family, fill in your family's information on the tear-out cards in the front and back of the calendar, and keep this calendar in a safe place for future reference.

CDs containing the information in this calendar are available in local libraries for use by those with vision impairment.

As you read the public health and safety information in this calendar, record important information on the tear-out family emergency plan cards (front of calendar) and wallet cards (back of calendar) that will help keep you and your family safe in an emergency.

Emergency Classification

If an emergency is declared at the Pilgrim Nuclear Power Station, it would be categorized into one of four emergency levels.

Unusual Event: This means a minor problem has occurred at the plant. It may involve situations such as hazardous weather or a minor equipment problem. Public officials would be notified, but there would be no need to sound the warning signals. People in the area would not need to take any special actions.

Alert: This could affect plant safety but it is not expected to require any special actions by residents. Public officials would be notified. They would watch the situation and be ready to act if it got worse. As a precaution, public officials may mobilize transportation resources. They may transfer school children to host facilities outside the area and clear state forests and waterways. Emergency Alert System radio or news broadcasts would inform the public of these actions.

Site Area Emergency: This means a more serious problem affecting the plant and plant boundaries has occurred. Any release of radioactive materials would be below federal limits. State and local officials would keep persons in the area fully informed about any necessary actions through Emergency Alert System radio stations. As a precaution, state officials would move school children to host facilities outside the area if this had not already been done. Other precautions would be called for by state officials, as needed.

General Emergency: This is the most serious type of emergency. It could involve serious damage at the plant and a release of radioactive materials. State officials might direct persons in some areas to shelter-in-place or to evacuate to a safer location. Special instructions and other important information would be issued over the Emergency Alert System radio stations.

Are You In The Emergency Planning Zone?

The area approximately 10 miles around the Pilgrim Nuclear Power Station is called the Emergency Planning Zone. Plans have been developed for warning and protecting people within the 10-mile area (refer to the map on page 7). Communities in the Emergency Planning Zone are: Plymouth, Kingston, Duxbury and portions of Carver and Marshfield. The Emergency Planning Zone is divided into sub-areas. Official emergency instructions will be given for specific sub-areas. It is important to know your sub-area and follow instructions for that specific area. The sub-areas are as follows:

Sub-area 1 - That portion of Plymouth within approximately 2 miles of the Pilgrim Station from Clifford Road east to White Horse Beach, and from Manomet Bluffs north to the Station

Sub-area 2 - That portion of Plymouth from Long Pond and Jordan Roads east to the coast, and from Ship Pond Road north to Howland Pond and Manomet Bluffs

Sub-area 3 - That portion of Plymouth from the eastern shores of Billington Sea, Great South Pond and Gunners Exchange Pond east to Plymouth Beach, and from the intersection of Alden and Long Pond Roads, and Jordan Road north to Samoset Street

Sub-area 4 - Duxbury Beach, Gurnet Point, Saquish Neck and Clark's Island

Sub-area 5 - That portion of Plymouth south of Upper College Pond Road, Alden Road, Long Pond Road, and Ship Pond Road

Sub-area 6 - That portion of Plymouth from the Plymouth-Carver town line east to the eastern shores of Billington Sea. Great South Pond, and Gunners Exchange Pond, and from Upper College and Alden Roads north to Samoset Street and Carver Road

Sub-area 7 - That portion of Plymouth south of the Kingston - Plymouth Town line to Carver Road – Samoset Street

Sub-area 8 - The entire Town of Kingston

Sub-area 9 - The entire Town of Duxbury

Sub-area 10 - That portion of Marshfield south of Route 139/ Careswell Street - Dyke Road

Sub-area 11 - That portion of Carver east of Route 58

Sub-area 12 - That portion of Cape Cod Bay within 10 miles of the station

How You Will Be Notified Of An Emergency

If there is an emergency requiring public notification, you will be alerted by one or more of the following warning signals:

- The loud, steady tone of the outdoor emergency sirens, lasting 3 to 5 minutes
- · A voice message over beach loudspeakers
- Broadcasts from loudspeakers on police and other official vehicles
- Announcements from town harbormasters or an Urgent Marine Information Broadcast from the U.S. Coast Guard
- Tone-alert Emergency Alert System radios
- A message on Teletypewriters (TTYs) if you have registered with a town Emergency Management Office to be notified over TTY in case of an emergency
- Word of mouth

If you hear any of these signals, turn to one of the Emergency Alert System radio stations immediately.

Check with your neighbors, especially the elderly or persons who have difficulty hearing or seeing, to make sure they have received the warning and know what to do.

Emergency Alert System (EAS)

If you are alerted by the warning signal, you should tune to your local Emergency Alert System (EAS) station for emergency instructions. EAS is the direct link between you and the people responsible for your safety. Instructions may be given to you at any hour, day or night, and will include recommendations as to what you should do for your protection. Follow instructions carefully. Do not worry if you miss the beginning of an emergency broadcast. Information will be provided regularly.

Local EAS Stations

Boston 1030 AM

Boston 98.5 FM

Marshfield 95.9 FM

Plymouth 99.1 FM

Plymouth 1390 AM

In case of an emergency, always stay tuned to an Emergency Alert System station for your area.

What To Do When Told To Shelter-In-Place

You may be in a sub-area instructed to shelter-in-place. This means you should immediately go inside the nearest available building. If you are already inside, stay there. Sheltering-in-place may provide the best protection. If a shelter-in-place message is given for your sub-area over the Emergency Alert System radio station, you should do the following:

- Go indoors and close all doors and windows.
- Turn off all window fans, clothes dryers, kitchen and bath exhaust fans, air conditioners, and other sources of outside air.
- Continue to listen to your EAS station for official messages and instructions.
- Keep pets indoors.
- If you have livestock, shelter them too. Give them stored feed and water from a covered source.

Below ground basements provide the best shelter. Avoid areas near windows; above ground, interior rooms on lower floors provide the best protection.

Stay inside until officials say otherwise. If you must go outside, cover your nose and mouth with a folded, damp cloth. Persons with respiratory disorders should not go out at all, until told to do so by government officials.

If you are traveling in a motor vehicle in the affected area, close the windows and air vents. Keep the radio tuned to an EAS station. If you are a local resident, go home immediately and stay inside. If you are a visitor, leave the area immediately, or go inside a nearby building or a public shelter.

Public shelters near visitors' areas will be marked by large red "Emergency Shelter" signs.

If sheltering-in-place is recommended during school hours, children will be sheltered right in the school building and cared for by school personnel.

DO NOT use your telephone unless you need special assistance.

Plans For Children In School Or Day Care

Schools

All schools within the sub-areas shown on page 7 have emergency plans. Early in an emergency, school children will be moved to "host" facilities outside the area. **Do not try to pick up children at their school or phone the school. The phone lines would be needed for emergency use.** Instead, meet them at their host facilities.

Children who live inside the emergency planning zone but who go to a school outside the area will be held at their school until their parents pick them up.

If an emergency existed before the start of the school day, school would be canceled, as it is when there is danger of a winter storm.

Day Care Centers

All day care centers within the emergency planning zone have emergency plans. Early in an emergency, day care centers will be closed. Parents will be notified of this by telephone, if possible, and asked to pick up their children. Any children not picked up will be taken to a host facility outside the emergency planning zone. Designated host facilities are listed beginning in the next column through page 5.

In a sudden, serious emergency, children may be taken directly to a reception center for monitoring and, if necessary, decontamination. Then they would be taken to their assigned host facility where you should pick them up.

Parents should listen to their local Emergency Alert System radio station to confirm this information at the time of an emergency.

List of Host Facilities

If your children attend:

Pick them up at:

HOST FACILITIES

Captain Pal Preschool Cranberry Crossing Day Care Kids Count Nursery and Pre-School Kidstop Day Care

 Adrian Tinsley Center at Bridgewater State University, Tinsley Drive Bridgewater, MA

Carver High School
Carver Middle School

CARVER

- Bridgewater/Raynham Regional High School
 415 Center Street
 Bridgewater, MA
- Erwin K. Washburn Primary School Governor John Carver Elementary Old Colony Y
- Williams Middle School 200 South Street Bridgewater, MA

DUXBURY

HOST FACILITIES

Alden Elementary School*
Bay Farm Montessori Academy
Berrybrook Preschool
Blue River Montessori
Chandler Elementary School*
Discovery Corner Day Care
Duxbury High School
Duxbury Middle School*
Duxbury Bay Maritime School
Elements Montessori

 Braintree High School 128 Town Street Braintree, MA

Good Shepard Christian Academy

Learn In Play Preschool

Pied Piper Preschool

Pilgrim Area Collaboratives

Pilgrim Day Child Care*

Magic Dragon Children's Center at Chandler Elementary School

^{*} and all associated before and after school programs and clubs

List of Host Facilities (cont.)

If your children attend:	Pick them up at:
KINGSTON	HOST FACILITIES
Kingston Elementary School Kingston Intermediate School	 Adrian Tinsley Center at Bridgewater State University Tinsley Drive Bridgewater, MA
Sacred Heart Early Childhood Center Sacred Heart Elementary School Sacred Heart High School Silver Lake Regional Middle School Silver Lake Regional High School	 Bridgewater/Raynham Regional High School 415 Center Street Bridgewater, MA
Crayon College, Inc. Growth Unlimited PreSchool Little People's Country Day Care South Shore Early Education: Kingston Wooded Acres Child Care	 Adrian Tinsley Center at Bridgewater State University Tinsley Drive Bridgewater, MA
MARSHFIELD	• HOST FACILITIES
Governor Edward Winslow School	 Furnace Brook School Furnace Street Marshfield, MA
PLYMOUTH	• HOST FACILITIES
Plymouth Community Intermediate School Plymouth South High School Plymouth South Middle School	 Taunton High School Williams Street Taunton, MA
Indian Brook Elementary School	 Our Lady of Lourdes Elementary School 52 First Street Taunton, MA
Federal Furnace Elementary School	 James L. Mulcahey School 28 Clifford Street Taunton, MA

If your children attend:	Pick them up at:
PLYMOUTH	HOST FACILITIES
Manomet Elementary School	 Bennett School 47 N. Walker Street Taunton, MA
Plymouth North High School	 Bristol-Plymouth Regional Technical School 940 County Street Taunton, MA
Mt. Pleasant Elementary School West Elementary School Plymouth Family Network	 Friedman Middle School 500 Norton Avenue Taunton, MA
Nathaniel Morton School South Elementary School	Martin Middle School 131 Caswell Street Taunton, MA
Cold Spring Elementary School	 Coyle and Cassidy High School Hamilton and Adams Streets Taunton, MA
Hedge Elementary School	 Elizabeth Pole School 215 Harris Street Taunton, MA
Cranberry Country Day School Crayon College, Inc. Garden of Knowledge KinderCare-Richards Road Kinder Kollege Nursery School Leaping Frogs Preschool Methodist Nursery School Miss Joanne's Bright Beginnings New Testament Christian School Pilgrim Academy Rising Tide Public Charter School Room 2 Grow Tiny Town Children's Center Woodside School	Hopewell School 16 Monroe Street Taunton, MA
Bright Ideas Preschool Children's Creative Learning Center Ponds Child Care Center South Shore Early Education	 Leddy School 36 Second Street Taunton, MA
KinderCare-Pilgrim Hill Road	 KinderCare 1357 Somerset Ave. Taunton, MA

What To Do When Told To Evacuate

If an evacuation is necessary, public safety officials will tell you over the Emergency Alert System radio station what to do. DO NOT evacuate unless directed to do so by public safety officials.

Take the following actions ONLY if persons in your sub-area are told to evacuate. The maps on pages 11 through 14 will help you find out which sub-area is yours.

- Take your pets with you.
- · Gather all persons in the house together.
- DO NOT try to pick up children at their schools. They will be taken to designated host facilities outside the area where you may pick them up later (see pages 4 and 5).
- Household members outside the area may be advised not to return during an evacuation. They will be directed to the reception center where they can join you.
- DO NOT call your local fire or police departments for information.
 Emergency workers will need their phone lines for emergency use. If you need special help, call your local Emergency Management Office at the number listed on the inside cover.
- The Commissioner of Public Health may recommend that evacuating individuals, who have elected to do so, ingest potassium iodide.

Stay tuned to your Emergency Alert System Radio Station.

What to Do as You Leave

- Turn off lights and unnecessary appliances.
- · Close and lock windows and doors.
- Check with neighbors to see if they need assistance. Offer to share transportation, if you can.
- If you need a ride, try to get one with neighbors.
- If you cannot get a ride, find out what sub-area you are in using the maps on pages 11 through 14. Buses will pick you up along bus routes and at pick-up points shown on those maps. If you cannot get to the bus routes or pick-up points, contact your local Emergency Management Office at the number listed on the inside cover. Emergency workers will arrange transportation for you.

 If you have livestock, shelter them. Leave them a three-day supply of stored feed and water that has been protected from possible contamination.

How to Travel

- While traveling in the car, keep all windows and vents closed until you have left the EPZ.
- Keep the car radio tuned to an Emergency Alert System station.
- Drive out of the area along one of the routes shown on the maps on pages 7-10.

Here are Some Things You May Want to Take With You

Just take essential items you would need. You could be away from home for a few hours to a few days. These are suggestions that apply to any type of emergency evacuation:

- This calendar
- · Clothing for several days
- Toilet articles (soap, toothbrush, toothpaste, shampoo, etc.)
- Prescription medicines, medical equipment and important medical records
- Special dietary foods
- Baby supplies
- · Identification (driver's license) and important papers
- · Checkbook, credit card, and cash
- Blankets, pillows, and towels (if you plan to stay at a public mass care shelter)

About Your Pets

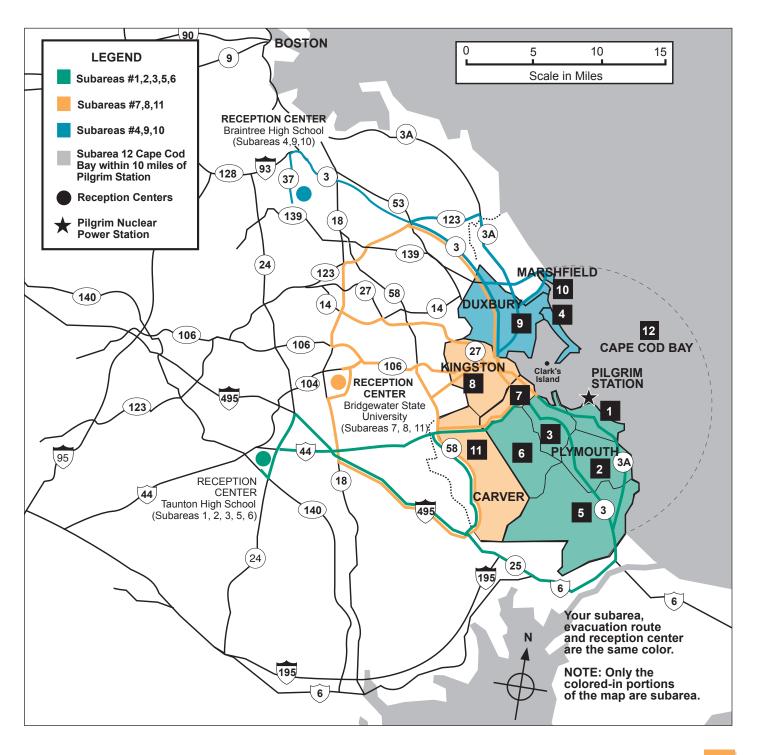
Plan how to take your pets with you. See page 19 for more information about how to evacuate your pets safely. Develop a Buddy System with neighbors, friends and relatives to make sure someone is available to care for or evacuate your pets if you are unable to do so.

Only service animals will be allowed inside the reception centers and mass care shelters.

DO NOT LEAVE YOUR PETS BEHIND. ARRANGE FOR THEIR EVACUATION IN ADVANCE.

Evacuation Route And Reception Center Map

To evacuate, follow the routes shown on the map for your subarea. The use of these suggested main roads will expedite the movement of evacuating traffic away from Pilgrim Station. They are the quickest, safest, main routes to use in an emergency. All locations outside the colored-in sub-areas shown on the map are far enough away from Pilgrim Station that evacuation is not needed. You should evacuate ONLY if you are in a sub-area whose residents and visitors have been told to evacuate by announcements on your Emergency Alert System radio stations.



Reception Centers

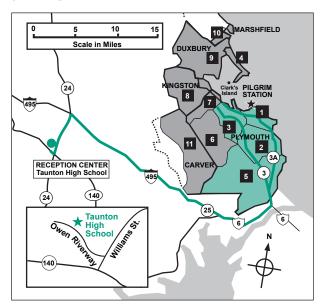
Reception centers are available to assist evacuees. The reception center for your subarea is outside the 10-mile Emergency Planning Zone.

At the center, you will be registered and monitored for contamination. Emergency workers will decontaminate and care for anyone needing this type of assistance. You will be able to receive information about the location of other members of your family who have already registered at the reception center. If you need a place to stay, you will be directed to a mass care shelter that provides meals and lodging. The reception center and mass care shelters are handicap accessible. If you have additional needs, officials will assist you.

If you can, you may want to stay with friends or relatives until the emergency is over.

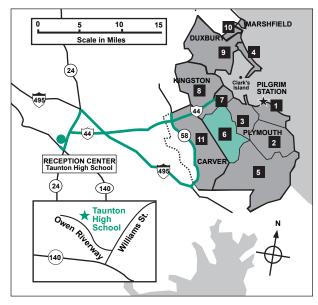
Directions To Reception Centers

To Taunton High School Reception Center From Sub-areas 1,2,3,5,6 (or if you have school children in Plymouth)



Sub-areas #1, 2, 3 or 5 – all in Plymouth:

Take Route 3 or 3A south to Route 6 (Cranberry Highway) west, to Route 25 west/495 North. Follow Route 25 west/495 north to Route 24 south. Follow Route 24 south to Route 140 north. Go north on Route 140 to Williams Street. Turn right on Williams Street. Follow Williams Street to the Owen Riverway. Turn left and follow the Owen Riverway to the Taunton High School Reception Center.

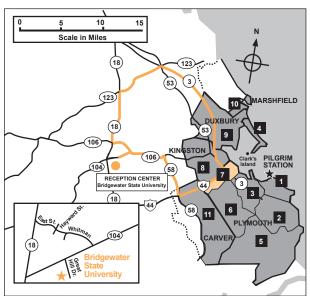


Sub-area #6 – Plymouth:

Take Rte. 3 north to Exit 7 onto Route 44 west to Route 24 South to Route 140 north. Follow Route 140 north to Williams Street. Turn right onto Williams Street and follow to Owen Riverway. Turn left and follow Owen Riverway to the **Taunton High School Reception Center.**

Or, take Route 44 west to Route 58 South to Route 495 north. Follow Route 495 north to Route 24 south. Follow Route 24 south to Route 140 north. Go north on Route 140 to Williams Street. Turn right on Williams Street. Follow Williams Street to the Owen Riverway. Turn left and follow the Owen Riverway to the Taunton High School Reception Center.

To Bridgewater State University Reception Center From Sub-areas 7,8,11

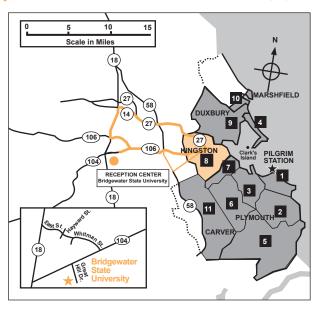


Sub-area #7 – Plymouth:

NOTE: If you are in Sub-area 7 and have children at school in Plymouth, follow directions for Sub-area 6 to the Taunton High School Reception Center. If you do not have children at school in Plymouth, use the following directions.

Take Route 44 west to Route 58 north to Route 106 west. Turn left and follow Route 106 west to Route 104 west. Turn left and follow Route 104 west to Great Hill Drive. Turn left on Great Hill Drive and follow signs to the Bridgewater State University Reception Center.

Or, take Route 3 north to Route 53 north. Follow Route 53 north to Route 123 west to Route 18 South. Follow Route 18 south to East Street in East Bridgewater. Turn left on East Street to Hayward Street to Whitman Street. Turn left on Whitman Street to Route 104 west. Turn right on Route 104 to Great Hill Drive and follow signs to the **Bridgewater State University Reception Center.**

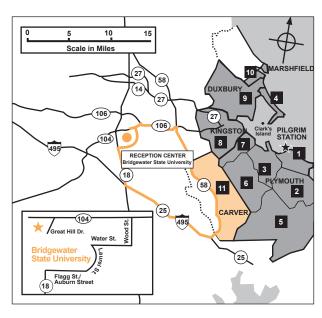


Sub-area #8 – Kingston:

Take Route 106 west to Route 104 west. Turn left and follow Route 104 west to Great Hill Drive. Turn left on Great Hill Drive and follow signs to the **Bridgewater State University Reception Center.**

Or, take Brook Street to Elm Street West to Brook Street in Plympton. Follow Brook Street, bear right onto Colchester Road which becomes Mayflower Road. Follow Mayflower Road to Route 58 north to Route 106 west. Follow Route 106 west to Route 104 west to Great Hill Drive. Turn left on Great Hill Drive and follow signs to the **Bridgewater State University Reception Center.**

Or, take Route 27 north to Route 14 west to Route 18 south. Follow Route 18 south to East Street in East Bridgewater. Turn left on East Street to Hayward Street to Whitman Street. Turn left on Whitman Street to Route 104 west. Turn right on Route 104 to Great Hill Drive and follow signs to the **Bridgewater State University Reception Center**.

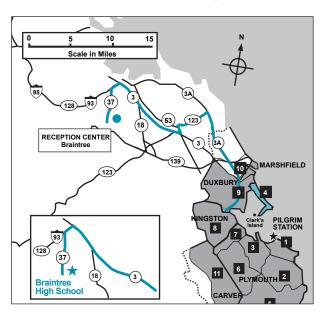


Sub-area #11 - Carver:

Take Route 58 north to Route 106 west to Route 104 west. Follow Route 104 west to Great Hill Drive. Turn left on Great Hill Drive and follow signs to the **Bridgewater State University Reception Center.**

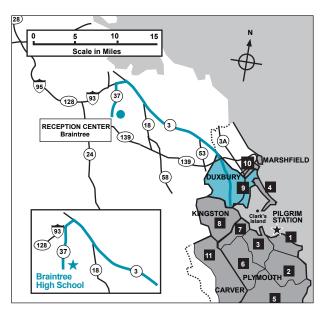
Or, take Route 58 south to Route 495 north to Exit 5 to Route 18 north. Continue on Route 18 north to Flagg Street. Turn right on Flagg Street and proceed across Summer Street where Flagg Street becomes Auburn Street. Proceed on Auburn Street to Laurel Street. Turn left on Laurel Street to Water Street. Turn right on Water Street to Wood Street. Turn left on Wood Street to Route 104 west. Turn left on Great Hill Drive and follow signs to the Bridgewater State University Reception Center.

To The Braintree Reception Center At The Braintree High School From Sub-areas 4,9,10



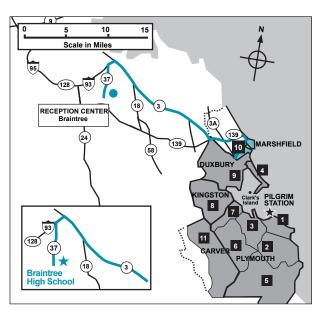
Sub-area #4 – Duxbury Beach, Saquish Neck, Gurnet Point, Clark's Island:

Take Route 3A north to Route 123 west to Route 53 south. Turn left on Route 53 south to Route 3 north. Turn right onto Route 3 north to Exit 20, Route I-93 south (128 north). Take I-93 south to Exit 6 (Route 37 Braintree), turn right on Route 37 past south Shore Plaza and proceed towards Braintree Five Corners. Bear right at Braintree Five Corners onto Granite Street. Turn left onto Town Street at Granite Plaza to the Braintree Reception Center at Braintree High School.



Sub-area #9 – Duxbury:

Take Route 3 north to Exit 20, Route I-93 south (128 north). Take I-93 south to Exit 6 (Route 37 Braintree), turn right on Route 37 past South Shore Plaza and proceed towards Braintree Five Corners. Bear right at Braintree Five Corners onto Granite Street, turn left onto Town Street at Granite Plaza to the Braintree Reception Center at Braintree High School.



Sub-area #10 - Marshfield:

Take Route 139 west to Route 3 north. Take Route 3 north to Exit 20, Route I-93 south (128 north). Take I-93 south to Exit 6 (Route 37 Braintree), turn right on Route 37 past South Shore Plaza and proceed towards Braintree Five Corners. Bear right at Braintree Five Corners onto Granite Street, turn left onto Town Street at Granite Plaza to the Braintree Reception Center at Braintree High School.

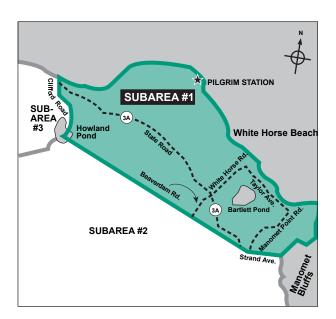
Sub-area #12 - Cape Cod Bay

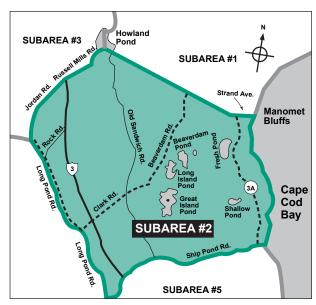
Sub-area 12 is that portion of Cape Cod Bay within 10 miles of the Pilgrim Nuclear Power Station (see map on page 7). Boaters in Sub-area 12 should follow instructions given by town harbormasters or the U.S. Coast Guard.

Emergency Bus Routes

Emergency buses would be available if evacuation should be necessary for your sub-area. If you need a ride, a bus would take you to your reception center. Additional bus information could be given on the Emergency Alert System.

If you need a ride, walk to the designated bus route closest to you. Bus routes are shown as a dashed line (----). Buses will pick you up at any point along these routes. Buses will continue to run these routes until everyone has been picked up.





Plymouth Emergency Bus Route

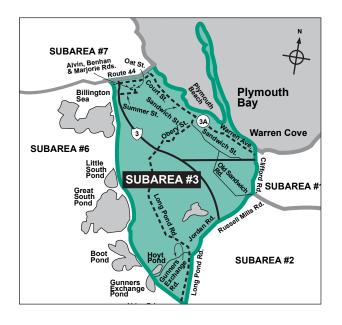
Sub-area 1 That portion of Plymouth within approximately 2 miles of the Pilgrim Station, from Clifford Road east to White Horse Beach, and from Manomet Bluffs north to the Station.

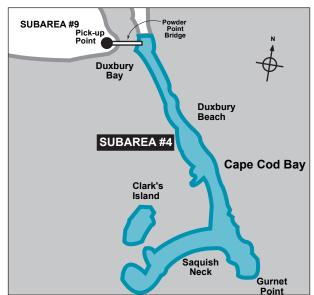
The buses will take you to the Taunton High School Reception Center.

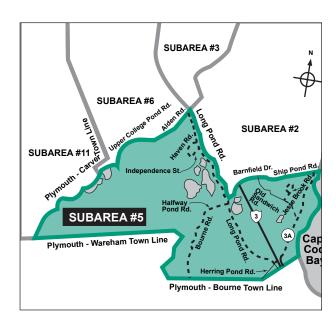
Plymouth Emergency Bus Route

Sub-area 2 That portion of Plymouth from Long Pond and Jordan Roads east to the coast, and from Ship Pond Road north to Howland Pond and Manomet Bluffs.

The buses will take you to the Taunton High School Reception Center.







Plymouth Emergency Bus Route

Sub-area 3 That portion of Plymouth from the eastern shores of Billington Sea, Great South Pond and Gunners Exchange Pond east to Plymouth Beach, and from the intersection of Alden and Long Pond Roads, and Jordan Road north to Samoset Street.

The buses will take you to the Taunton High School Reception Center.

Duxbury / Plymouth Emergency Pick-Up Point

Sub-area 4 Duxbury Beach, Gurnet Point, Saquish Neck and Clark's Island.

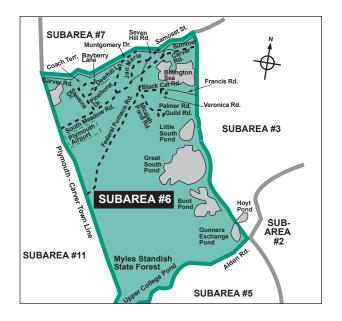
If you need a ride from Saquish Neck, Duxbury Beach or Gurnet Point, transportation assistance will be provided at the Powder Point Bridge pick-up point. The Duxbury harbormaster will assist those with transportation needs on Clark's Island.

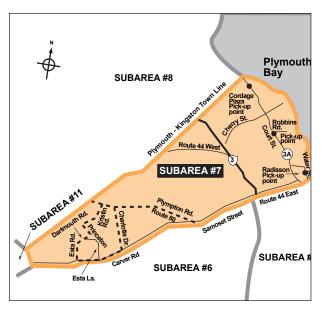
Buses will take you to the Braintree Reception Center at Braintree High School.

Plymouth Emergency Bus Route

Sub-area 5 That portion of Plymouth south of Upper College Pond Road, Alden Road, Long Pond Road, and Ship Pond Road.

The buses will take you to the Taunton High School Reception Center.







Plymouth Emergency Bus Route

Sub-area 6 That portion of Plymouth from the Plymouth-Carver Town line east to the eastern shores of Billington Sea, Great South Pond, and Gunners Exchange Pond, and from Upper College Pond and Alden Roads north to Samoset Street and Carver Road.

The buses will take you to the Taunton High School Reception Center.

Plymouth Emergency Bus Route and Pick-Up Points

Sub-area 7 That portion of Plymouth south of the Kingston - Plymouth Town line to Carver Road – Samoset Street.

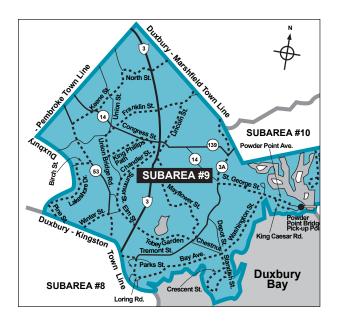
Three pick-up points have been established for northern Plymouth and the waterfront area in Sub-area 7 at the following locations:

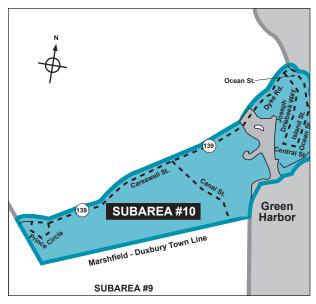
- Cordage Park Plaza on Route 3A;
- Court Street at Robbins Rd.;
- Radisson Hotel Plymouth Harbor (formerly Sheraton Plymouth) parking lot on Water Street.

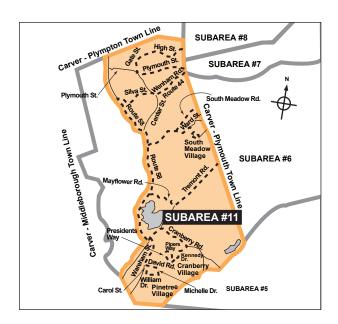
The buses will take you to the Bridgewater State University Reception Center.

Kingston Emergency Bus Route

Sub-area 8 The entire Town of Kingston. The buses will take you to the Bridgewater State University Reception Center.







Duxbury Emergency Bus Route and Pick-Up Point

Sub-area 9 The entire Town of Duxbury. One pick-up point also has been established in the Town of Duxbury on the west or mainland-side of the Powder Point Bridge.

Buses will take you to the Braintree Reception Center at Braintree High School.

Marshfield Emergency Bus Route

Sub-area 10 That portion of Marshfield south of Route 139/Careswell Street - Dyke Road.

Buses will take you to the Braintree Reception Center at Braintree High School.

Carver Emergency Bus Route

Sub-area 11 That portion of Carver east of Route 58.

The buses will take you to the Bridgewater State University Reception Center.

Plans For Special Groups

Health Care Facilities

Hospital patients and residents of nursing homes who are physically able to be moved will be taken to other health care facilities outside the area if evacuation is necessary.

If time allows, families of patients well enough to be discharged on a short-term basis will be contacted by health care administrators before an evacuation occurs.

If patients in health care facilities are evacuated to host facilities, information on their locations will be available through your local Emergency Management Office at the emergency telephone numbers listed on the inside cover.

People with Special Needs

Let your local Emergency Management Director know in advance if you need any special assistance during an emergency. Special help can be made available to you.

Your local Emergency Management Office is prepared to help you if you have a special need and would need assistance during a public emergency. If you or someone in your household would need special help being notified of an emergency, sheltering-in-place, evacuating, or staying in a mass care shelter, please let the Emergency Management Office know immediately. Special help is available, but is best planned before an emergency happens.

Please fill out the Special Needs Card at the back of this calendar. A new card should be sent in every year.

If you know someone who is blind or might have difficulty reading this calendar, please read it to them. Emergency information is also available on a CD for blind persons at your local library. If you are deaf or hard of hearing and would need to be notified on a TTY of a public emergency, please notify your local Emergency Management Office. You may use the Special Needs Card at the back of this calendar. **All information will be kept strictly confidential.**

If you have children who might be home alone, make sure they understand the information in this calendar and know what to do in an emergency. It is especially important that they know how to tune to their Emergency Alert System station.

People at the Beaches

In an emergency, beaches would be closed. People at the beaches should leave the area and go back to their lodgings or homes and listen to the Emergency Alert System stations. Public shelters near visitor areas will be marked by large red "Emergency Shelter" signs.

Boaters on Cape Cod Bay

Boaters on Cape Cod Bay should follow instructions given by town harbormasters or the U.S. Coast Guard.

Information Resources

Massachusetts Emergency Management Agency www.mass.gov/mema

Massachusetts Department of Public Health www.state.ma.us/dph/rcp

State of Massachusetts Animal Response Team (SMART) www.smart-mass.org

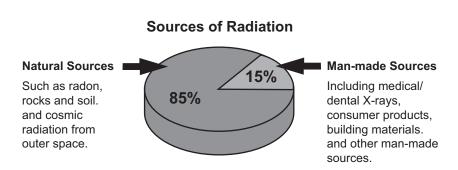
Entergy Nuclear www.entergynuclear.com

Federal Emergency Management Agency www.FEMA.gov

Nuclear Regulatory Commission www.NRC.gov

Information About Radiation

Radiation is energy, such as heat, light and radio waves, that move at high speed through space or matter. One type of radiation is produced by so-called radioactive materials. Radiation is part of nature, and humans are exposed to radiation all the time. It comes from rocks in the earth, from the sun and stars. Radiation also comes from common man-made sources, such as many building materials, smoke detectors and medical X-rays. Radiation has been very well-studied for a hundred years. It can be very useful when properly controlled for peaceful purposes such as for medical X-rays and the production of electricity. But radiation can be dangerous. In too large a dose, radiation can cause harm by damaging living cells. Excessive doses of radiation need to be guarded against. At every one of our country's more than 100 nuclear power plants, every safety precaution is taken to isolate, shield and prevent radioactive materials from escaping to the environment. Radiation can be easily measured with various instruments, including Geiger counters.



Pilgrim Nuclear Power Station

The Pilgrim Nuclear Power Station, in Plymouth, Mass., is a single-unit "boiling water reactor." At Pilgrim, water is pumped through the reactor creating steam that flows to a turbine. The turbine rotates and spins an electric generator producing electricity—just as in a coal-or oil-powered power plant. The steam then goes into a heat exchanger called a condenser, and becomes water when cooler ocean water flows around tubes containing the steam in the condenser. The condenser is designed to keep steam from the turbine separate from the water that is drawn from and returned back to the ocean. This process is similar to any power plant that uses steam. Once the steam in the condensor becomes water, it is pumped back into the reactor to be boiled again. Pilgrim has two water systems, each of which is separate to keep the plant safe. Pilgrim produces 680 megawatts of electricity daily, enough electricity to light 680,000 homes.

Safety Systems

Pilgrim, like all American nuclear power plants, has numerous safety features designed to protect the plant, the environment and people around the plant if a problem occurs. These safety systems include:

- -- Several separate sources of cooling water to prevent the fuel from overheating in normal and emergency conditions
- -- Backup systems and components for key plant functions
- -- A leak-tight steel-lined, steel-reinforced concrete containment building
- -- Backup electric power supplies to operate all key components

Questions and Answers

Helpful Answers to Some of Your Questions...

- Q. Why is Pilgrim's Emergency Planning Zone an area 10 miles around the plant?
- A. The federal government selected 10 miles because it is the distance beyond which any radiation exposure would be so small as to not warrant any type of protective actions for the public. Most credible accidents would not require protective actions beyond five miles or less.
- Q. Would radioactivity released from Pilgrim travel outward in all directions?
- A. No. Radiation would move in a relatively narrow "plume" with a size and shape determined by wind and other weather conditions.
- Q. Would everyone within 10 miles of Pilgrim have to evacuate if there was a serious emergency?
- A. No. Only people in the direction of the narrow radiation plume those in potentially affected sub-areas of the Emergency Planning Zone--would have to take actions as directed. In fact, to keep roads clear, only people in areas specifically mentioned in Emergency Alert System broadcasts should evacuate in an emergency.
- Q. Can Pilgrim explode like a nuclear bomb?
- A. No. It is a matter of scientific certainty because of the laws of physics that the plant cannot explode like a nuclear bomb. The uranium in a power plant's fuel is intentionally different from that used in nuclear weapons, making explosions impossible.
- Q. How can I be sure that Pilgrim is secure and well-protected?
- A. Pilgrim is defended by armed guards, sophisticated detection equipment and other advanced protection systems that meet or exceed federal, state and local requirements.

- Q. How is Pilgrim Station prepared for an emergency?
- A. Pilgrim Station's Emergency Response Organization is made up of nuclear professionals able to respond immediately in the unlikely event of a plant emergency. Pilgrim Station conducts drills and exercises with local, state and federal agencies ensuring emergency preparedness.
- Q. What type of security is Pilgrim Station required to have?
- A. Federal law and regulations require strict security measures at all United States nuclear power plants. They include:
 - Multiple barriers to stop entry into areas that contain essential equipment which protect areas within and around the plant
 - A fixed physical protection system that permits entry of authorized personnel, vehicles and materials into these areas and ensures detection of and response to unauthorized entry
 - A trained and qualified security force to protect the plant and control access to it
 - Controls that ensure personnel who enter the plant unescorted meet strict background checks
 - A fitness-for-duty program that requires random drug and alcohol tests for all persons allowed unescorted access into the plant
- Q. What special security actions are in place now at Pilgrim Station?
- A. Pilgrim Station security continues in a high state of security awareness following the terrorist attack of September 11, 2001. Additional security measures taken include:
 - Pilgrim Station security officials are in contact with local, state and federal law enforcement officials
 - Barriers are placed on access roads to detour incoming traffic through security checkpoints
 - Background security checks have been enhanced

Other Important Information

Potassium Iodide (KI) and the Public

The Massachusetts Department of Public Health and the Massachusetts Emergency Management Agency want you to know about potassium iodide (KI). The Nuclear Regulatory Commission has made KI available to states for distribution within the 10-mile emergency planning zones of commercial nuclear power stations.

What is potassium iodide (KI)?

Potassium iodide is a drug that can protect the thyroid gland from radiation injury caused by radioactive iodine. The drug is approved for use by the U.S. Food and Drug Administration and is available over-the-counter.

How does it work?

KI saturates the thyroid gland with stable (non-radioactive) iodine, to limit the amount of radioactive iodine that could be absorbed by the thyroid. During a radiological emergency, radioactive iodine could be released to the environment. Iodine concentrates in the thyroid gland. Breathing air or eating food contaminated with radioactive iodine can injure the thyroid and increase the risk of thyroid cancer.

Potassium iodide is only effective against exposure to radioactive iodine and only protects the thyroid gland. KI does not protect against other types of radioactivity that might be released during a nuclear emergency. Evacuation and sheltering-in-place are the primary means of protection. The use of KI is secondary to these protective measures.

When should I take KI?

KI should be taken shortly before or shortly after exposure to radioactive iodine to be most effective. Even if taken three to four hours after exposure, it would still reduce the amount of radioactive iodine absorbed by the thyroid and have a substantial effect. The protective effects of KI last approximately 24 hours. Emergency broadcasts over Emergency Alert System radio stations will tell people if the Massachusetts Department of Public Health advises them to take KI.

How much KI should I take or give to my children?

The presently available KI pills are 130-milligram scored tablets. In December 2001, the U.S. Food and Drug Administration published guidance on KI recommending the following dosages:

Adults	130) mg
Children aged 3 to 18 years	65	mg
Young Children (one month to 3 years)	32	mg
Infants (birth through one month)	16	mg

These are the minimum effective doses; the MDPH supports the use of one 130 mg. tablet for children above 3 years of age during an emergency. This is in agreement with US FDA guidelines. If you are considering using KI in an emergency, you should discuss whether taking KI is right for you with your health care provider.

How can I get potassium iodide?

It is prudent to have potassium iodide prior to an emergency. Persons living within the 10-mile emergency planning zone may obtain potassium iodide free-of-charge from their local Board of Health or ask your local pharmacy.

For members of the EPZ population instructed to evacuate and who have not obtained KI, distribution points will be set up at pre-identified KI Dispensing Sites outside the EPZ. Here is a list of those sites:

Milton

Exit 11 off I-93 North at Heritage Hall Exit 2B off I-93/128 at the Trailside Museum

Brockton

Exit 17A off Rt. 24 North onto Belmont St. to Brockton High School

Emergency Plan Testing

To make sure that the emergency plan works well, it is tested regularly. This testing is called an exercise. Emergency workers and public officials simulate a serious problem and go through the emergency actions in the plan.

Siren Testing

Sirens are tested periodically. The date and time of the annual 3 to 5 minute test is announced in advance in local newspapers and on the radio. Other audible siren tests may occur throughout the year, each lasting several seconds.

Accidental Siren Sounding

Occasionally, a siren or sirens may sound accidentally. If you hear a siren, tune immediately to your Emergency Alert System station for information (see page 3 for list). EAS messages would only be used in the event of an actual emergency. If the sirens were sounded unintentionally, you would be notified via a regular news broadcast.

If you do not hear a message, you can report the sounding to your local police or fire department (listed below). These are non-emergency numbers with representatives who will be able to tell you if there is an emergency associated with Pilgrim Station.

Plymouth 508-830-4212

Carver 508-866-2000

Kingston 781-585-0522

Marshfield 781-837-1315

Duxbury 781-934-5656

Please do not use 911 to report an accidental siren activation.

For information for farmers and food processors, contact:

Massachusetts Department of Public Health Radiation Control Program Schrafft Center, Suite 1M2A 529 Main Street Charlestown. MA 02129

Phone: 617-242-3035 www.mass.gov/dph/rcp

PLAN IN ADVANCE TO EVACUATE YOUR PETS

Mass care shelters do not accept animals other than service animals. Plan in advance what you will do with your pets should you have to evacuate. Make a list of places that would accept your pets outside the affected area, such as friends, relatives, pet friendly hotels/motels, boarding kennels, veterinary facilities.

- Prepare an emergency kit for your pets to include:
 - Food: Keep at least three days of food in an airtight, waterproof container.
 - Water: Store at least three days of water specifically for your pets.
 - Medicines and medical records: Keep an extra week's supply of medicines your pet takes in a waterproof container.
 - First aid kit: Talk to your veterinarian about what is most appropriate for your pet's emergency medical needs. Most kits should include cotton bandage rolls, bandage tape and scissors; antibiotic ointment; flea/tick prevention; latex gloves, saline solution.
 - Collar with ID tag, harness or leash: Make sure the identification tag includes information on where you will be staying.
 - Important documents: Include copies of your pet's registration information, adoption papers, vaccination documents and medical records.
 - · Crate or other pet carrier.
 - Sanitation: Include pet litter and litter box if appropriate, newspapers, paper towels, plastic trash bags.
 - A picture of you and your pet together: If you become separated from your pet during an emergency, a picture of you and your pet together will help you document ownership and allow others to assist you in identifying your pet.
 - Familiar items: Put favorite toys, treats or bedding in your kit.
 Familiar items can help reduce stress for your pet.

For more information on disaster preparedness for pets, visit the State of Massachusetts Animal Response Team (SMART) website at: www.smart-mass.org

Remember: WHEN YOU GO, THEY GO. If you are told to evacuate, take your pets with you. DO NOT LEAVE YOUR PETS BEHIND.

Personal Planning Guide

Fill in these blanks now and go over this information with your family. Decide who would pick up school-age children at the host facility and where to meet if you were apart in an emergency. Be sure children know what to do if they are alone and the sirens sound. Talk to your neighbors so you can help each other if necessary.

It is a good idea to keep some things handy in case of an emergency: portable radio, flashlight and extra batteries. Keep your car in good running order and don't let the gas tank get too low.

This will save time and avoid confusion in an emergency.			
My best evacuation route is:			
My reception center is located at:			
My school-age children will be taken to:			
Proporting modicines I will need:			
Prescription medicines I will need:			
Important papers I will need:			
· · · ·			

My local Emergency Management Office non-emergency number during regular business hours is:
My local Emergency Management Office emergency number is:
My local Fire/Police non-emergency number is:
Pet-friendly hotels/motels:
Boarding facilities outside of my area:
Other things to remember:

Notes:		Notes:
 		
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FOLD HERE

Other:

transportation.

If you have marked any of the boxes above, please fill out the rest of this card and return it promptly. A representative of your local Emergency Management Office will contact you to get more information on your specific needs. If you are completing this card for someone else, please include your name and telephone number, too.

There is a person you may contact to help me in an emergency.

■ I have specialized medical equipment and require special

□ I am deaf or hard of hearing and use a TTY.

I am deaf or hard of hearing and need a TTY.

□ I am visually-impaired and require special help.

I need help closing doors, windows and vents.

on your specific needs. If you else, please include your name		
Name:		
Street Address:		
Town:	MA	Zip:
Phone Number:		
TTY Number:		
Person completing this card:		
Phone Number:		

• If you hear a 3-5 minute siren, turn to an Emergency

- If you hear a 3-5 minute siren, turn to an Emergency Alert System (EAS) radio station (1030 AM; 98.5 FM; 95.9 FM; 99.1 FM; 1390 AM) for official information on the emergency.
- · Stay calm.
- Follow the instructions given by local government officials.
- · Follow your family emergency plan.

· Follow your family emergency plan.

Pilgrim Emergency Planning Information

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Pilgrim Emergency Planning Information

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TEAR ALONG THE LINE

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NO POSTAGE
NECESSARY
IF MAILED
IN THE
UNITED STATES

Pilgrim Emergency Planning Information

Subarea #	
Reception Center:	
Host facility to pick up children:	
Emergency Bus Route:	
Everyotion Douts	

TEAR ALONG THE LINE

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Pilgrim	Emergenc	y Planning	g unr	orma	tior

Subarea #
Reception Center:
Host facility to pick up children:
Emergency Bus Route:
Evacuation Route

Troophon Conton	
Host facility to pick up children:	
Emergency Bus Route:	

Pilgrim Emergency Planning Information

Subarea #
Reception Center:
Host facility to pick up children:
Emergency Bus Route:
Evacuation Route

Pilgrim Emergency Planning Information

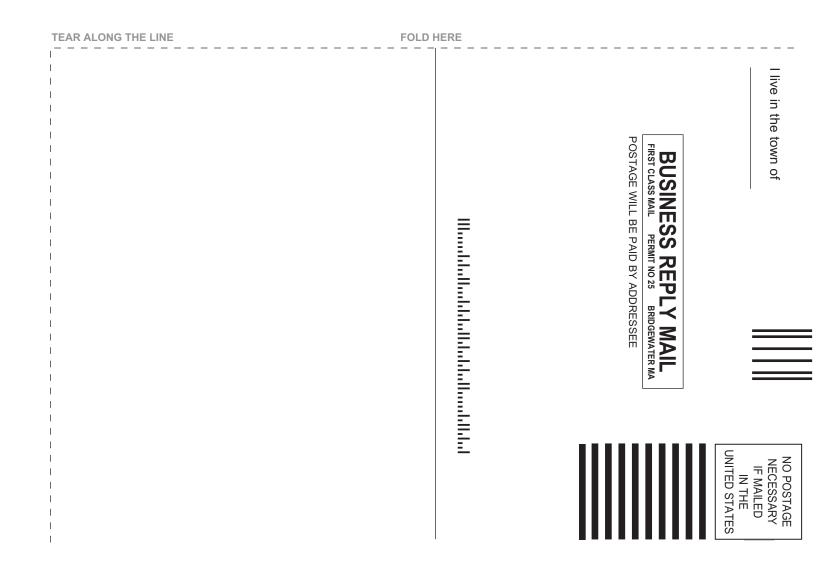
Subarea #	
Reception Center:	
Host facility to pick up children:	
Emergency Bus Route:	
Evacuation Route	

TEAR ALONG THE LINE



For people with Disabilities and those with Special Needs.

Special provisions have been made to provide emergency assistance for all persons with Special Needs. It is important that you make any Special Needs known beforehand. For example, Special Needs could refer to a person with a leg impairment that prevents walking a distance, a person with a disability such as deafness or blindness or a person who requires specialized medical equipment or transportation. Contact your local Emergency Management Director; or use the confidential card on the back cover of this calendar. Emergency Information is also available on CD at you local library for persons who are blind.



Massachusetts Emergency Management Agency Region II Headquarters P.O. Box 54 Bridgewater, MA 02324-0054



Person completing this card:

Phone Number:

Needs

Would You Need Special Help In an Emergency?

someone you know in the region would need special help in an emeremergency, please fill out and return this card as soon as possible. If INFORMATION WILL BE KEPT CONFIDENTIAL BY STATE AND gency, urge him or her to complete and return this card. THIS If you have a disability that may cause you to need special help in an LOCAL AUTHORITIES.

Please note: Even if you sent in a Special Needs Card in the past, a new card should be sent in EACH YEAR.

Please tear along dotted line, seal closed with address facing out, and mail. No postage is necessary, Do not staple

Phone Number:	Town:	Street Address:	Name:	If you have card and re Managemer specific nee include you	Other:	There is	I need h	I am visi	☐ I am dea	☐ I am dea	I have speciali transportation.	l would	□ I am in a	I need h	☐ I do not and can	Please ma
ber:	MA Zip:	ess:		If you have marked any of the boxes above, please fill out the rest of this card and return it promptly. A representative of your local Emergency Management Office will contact you to get more information on your specific needs. If you are completing this card for someone else, please include your name and telephone number, too.		There is a person you can contact to help me in an emergency.	I need help closing doors, windows and vents.	l am visually-impaired and require special help.	l am deaf or hard of hearing and need a TTY.	l am deaf or hard of hearing and use a TTY.	I have specialized medical equipment and require special transportation.	l would need to ride in an ambulance.	l am in a wheelchair, and would need a wheelchair van.	l need help, but can ride in a van.	I do not have transportation available to leave the area in an emergency and cannot walk about one-half mile to an evacuation bus route.	Please mark an "X" in EACH box that applies to you.